



SIR ROBERT PATTINSON ACADEMY

PE PROTOCOL

Date updated: September 2025

Review Date: September 2026

It is a basic expectation that all students are equipped with the correct PE kit for their PE lessons. All students are expected to participate during every PE lesson. If there is a slight injury or 'knock' please inform us but also encourage your child to do what they can. We will adapt activities so that they can still be involved as much as possible. Physical education, even modified, has been proven to be hugely beneficial to the mental, physical and emotional wellbeing of pupils.

If for any reason your child is unable to participate in a physical manner due to injury or a medical condition, please inform your child's PE teacher via note or email. In this instance, we still expect students to bring their kit, get changed for the lesson and participate in a modified way. This might include refereeing, coaching or leading activities. The only exceptions to this will be where changing is not possible, for example, where a child has a broken leg, and it would be unreasonable to expect them to change for the lesson.

PE kit compulsory items

<p>T-shirt with SRPA logo</p>				
<p>Bottoms Navy shorts, navy skort, navy sports leggings or navy sports track bottoms (all plain, a small brand logo is acceptable)</p>				
<p>Socks Red long socks or white ankle socks (plain)</p>	 <p><i>*Compulsory for football and rugby lessons</i></p>			

Footwear

Trainers – Ensure that these are not ‘fashion trainers’ as these often do not give suitable support to the feet and ankles and lack the grip required. Running trainers or indoor football/tennis/squash trainers would be suitable.

Football boots – Required for all football and rugby lessons. Moulded studs would be best. Please make sure that you are not buying astroturf trainers by mistake.

Other items

Shin pads – Compulsory for all football lessons.

Mouthguard – Highly recommended for rugby lessons in line with RFU guidance. Students will not be allowed to participate in contact rugby without a mouthguard, or a signed note from parents or carers permitting them to participate without one. These will not be required initially, but when students are due to move on to contact rugby lessons, this will be communicated to the students by their PE teacher.

PE kit non-compulsory, optional extras

<p>Warmer layer ¼ zip sweatshirt, rugby shirt, hoodie (all with SRPA logo)</p>			
<p>Base-layers Navy base-layer leggings, navy base layer top.</p>			

Forgetting PE kit

Should students forget all or part of their PE kit they are encouraged to be proactive. They may be able to contact their parents/carers through student reception to get their kit brought in. If this is not possible, they should visit the PE office before the start of the lesson to see if there is any spare kit they can borrow.

If students wait until the start of their PE lesson this is too late, as sorting out replacement equipment at this time delays the start of the lesson and negatively effects the learning of others.

Sanctions

Key Stage 3

On the first occasion a student fails to bring in all or part of their PE kit, they will be issued with a 'kit fault' on Go4Schools and serve a class teacher detention.

On the second occasion a student fails to bring in all or part of their PE kit, they will be issued with a 'kit fault repeat' on Go4Schools and serve a head of department detention.

If a student fails to bring all or part of their PE kit on subsequent occasions, they will be issued with an after-school detention. 'Middle leader afterschool DT – curriculum' on Go4Schools.

Key Stage 4

On the first occasion a student fails to bring in all or part of their PE kit, they will be issued with a 'kit fault' on Go4Schools and serve a head of department detention.

If a student fails to bring all or part of their PE kit on subsequent occasions, they will be issued with an after-school detention. 'Middle leader afterschool DT – curriculum' on Go4Schools.