



# Sir Robert Pattinson Academy

Headmaster: Mr D. J. Hardy BA (Hons) PGCE  
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Company Registration No: 07690250

6 December 2024

Dear Parent/Carer

## **Tie Nominations, Let Them Eat Cake Donations, Online Uniform Shop, Wellbeing Advent Calendar, Navigating Teen Relationships – 9 December 2024, Keeping your Family Healthy this Winter,**

Welcome to my end of week update letter.

Last night, we held our annual Year 7 disco. It was wonderful to see our Year 11s raising money for charity along with our Subject Champions from DT as well as over 100 youngsters having a really good time. The staff were also really committed to the evening, both on and off the dancefloor. There will be some tired colleagues today!

Last Friday the Year 7 football team beat King Edward VI 6-1 to progress in the County Cup. On Tuesday 10 December, they face Bourne Academy in the National Cup competition.

On Monday, the Year 8 football team faced St Mary's College, Catholic Academy, Hull in the last 16 of the Elite National Cup. In a fantastic game of football we were unfortunate to finish on the wrong end of a 3-2 defeat after being 2-0 up. The boys performed admirably against a very strong side. We took our own RP6<sup>th</sup> line officials and could have equalised with the last kick of the game save for a completely fair offside decision given by our own Year 12 student. Devastating for the team but the right decision and we wish St Mary's well in the quarter finals.

On Tuesday, the Year 10 and 11 boys' badminton teams travelled to William Farr narrowly losing both fixtures.

On Wednesday, we took a squad of Year 7 girls to play in a 7-a-side football tournament at Priory City Academy. The girls, who were playing together for the first time as a team, were fantastic. Winning three of their four games, they finished as overall winners.

Further fixtures next week include Year 8, 10 and 11 girls' badminton v William Farr (Monday), Year 10 and 11 boys' and Year 9/10 girls' badminton v LSST (Wednesday) and Year 7, 8 and 9 boys' badminton v William Farr (Thursday).

### **Tie Nominations**

It is that time of the year again when I ask for nominations for Headmaster Ties. These are special ties given out by me three times a year during Full School Assembly for services beyond the norm to Music, Drama, Sport, Charity Fundraising and Leadership. This can be for activities in or out of the Academy and is open to all year groups. Staff are already in the process of their nominations.

Should you wish to nominate your child for a Colours award, please email my PA, Miss Timbrell, using [ltimbrell@srpa.co.uk](mailto:ltimbrell@srpa.co.uk) by close on Friday 13 December 2024. Thank you.

## Let Them Eat Cake Donations

This year, we are creating gift parcels in support of Let Them Eat Cake, a local charity that works with the homeless community in Lincoln. Please see the attached letter providing further information on items to be collected and donated to this worthwhile cause. Thank you in advance for your support across the festive season.

## Online Uniform Shop

Huge thanks go to the innovative and forward-thinking members of our Student Senior Leadership Team, in particular Emily K and Rhys K. We now have an online ordering facility for our Academy Shop. Their understanding of the cost-of-living issues we all face today and their problem solving skills are a delight to behold. Please click through the link here: [Uniform shop | Sir Robert Pattinson Academy](#) to find the online order form and price lists for items of Academy uniform.

## Wellbeing Advent Calendar

Young Minds have created a series of wellbeing advent calendars that you may find useful.

To read more and download the resources, please visit:

<https://www.youngminds.org.uk/professional/resources/wellbeing-advent-calendars/>

## Navigating Teen Relationships – 9 December 2024

When your youngster begins to date and become romantically involved with peers, their life can seem exciting but can also be extremely difficult. Teenagers don't always like to talk about what is happening in their love life, however, 'Navigating teenage relationships' aims to provide parents and carers with a toolkit to support through the complexities of having a healthy relationship. The Lincolnshire Domestic Abuse Partnership (LDAP) will run a one-hour online Teams workshop on 9 December from 6pm - 7:30pm.

During the evening, LDAP will discuss signs of unhealthy relationships, coercive control, love bombing and other red flags to look out for in your teens and where you can get support. The team is also happy to answer any questions you may have through the night.

<https://www.tickettailor.com/events/staysafepartnership/1428506>

## Keeping your Family Healthy this Winter

Please find attached a letter from Health Protection at Lincolnshire County Council.

We are a couple of weeks from the end of term, mock examinations are still in full flow and it would be easy to take a foot off the pedal. But that isn't us. In the words of perhaps the world's greatest footballer, Pelé, "Success is no accident. It is hard work, perseverance, learning, studying, sacrifice and most of all, love of what you are doing or learning to do."



Have a good weekend when it comes.

I will write again soon.

Yours faithfully



**Mr D Hardy**  
**Headmaster**



Project Archaeologist Apprentice	Degree Level Apprenticeship	VAC1000265480	<a href="https://www.findapprenticeship.service.gov.uk/apprenticeship/1000265480">https://www.findapprenticeship.service.gov.uk/apprenticeship/1000265480</a>	NETWORK ARCHAEOLOGY LTD (LINCOLN)	LN1 1UH	Standard	Agriculture Environmental and Animal Care	Archaeological specialist (degree)	BISHOP GROSSETESTE UNIVERSITY
Marketing Apprentice	Advanced Level Apprenticeship	VAC1000285570	<a href="https://www.findapprenticeship.service.gov.uk/apprenticeship/1000285570">https://www.findapprenticeship.service.gov.uk/apprenticeship/1000285570</a>	Velocity Academy (Louth)	LN11 0LS	Standard	Not known	Multi-channel marketer	VELOCITY 1ST LIMITED
Apprentice Chef	Intermediate Level Apprenticeship	VAC1000273599	<a href="https://www.findapprenticeship.service.gov.uk/apprenticeship/1000273599">https://www.findapprenticeship.service.gov.uk/apprenticeship/1000273599</a>	The Panacea (LOUTH)	LN11 9LJ	Standard	Food and Drink	Production chef	EAST LINDSEY INFORMATION TECHNOLOGY CENTRE
Early Years Educator Apprenticeship	Advanced Level Apprenticeship	VAC1000289021	<a href="https://www.findapprenticeship.service.gov.uk/apprenticeship/1000289021">https://www.findapprenticeship.service.gov.uk/apprenticeship/1000289021</a>	LA COMPAGNIE MON AMI LIMITED (Alford)	LN13 9EQ	Standard	Health and Science	Early years educator	BOSTON COLLEGE
Civil Engineering Advanced Apprenticeship - Lincoln (Communities)	Advanced Level Apprenticeship	VAC1000279442	<a href="https://www.findapprenticeship.service.gov.uk/apprenticeship/1000279442">https://www.findapprenticeship.service.gov.uk/apprenticeship/1000279442</a>	WSP UK LIMITED (Lincoln)	LN2 1BD	Standard	Construction	Civil engineering technician	LINCOLN COLLEGE
Apprentice Customer Service Administrator	Intermediate Level Apprenticeship	VAC1000289571	<a href="https://www.findapprenticeship.service.gov.uk/apprenticeship/1000289571">https://www.findapprenticeship.service.gov.uk/apprenticeship/1000289571</a>	NETTLEHAM MEDICAL PRACTICE (LINCOLN)	LN2 2RS	Standard	Customer service	Customer service practitioner	LINCOLN COLLEGE
Apprentice Chef	Intermediate Level Apprenticeship	VAC1000286291	<a href="https://www.findapprenticeship.service.gov.uk/apprenticeship/1000286291">https://www.findapprenticeship.service.gov.uk/apprenticeship/1000286291</a>	POTTERGATE GOLF CLUB (LINCOLN)	LN4 1JA	Standard	Food and Drink	Production chef	LINCOLN COLLEGE
Parts advisor Apprentice (Lincoln)	Advanced Level Apprenticeship	VAC1000281296	<a href="https://www.findapprenticeship.service.gov.uk/apprenticeship/1000281296">https://www.findapprenticeship.service.gov.uk/apprenticeship/1000281296</a>	FORD & SLATER LIMITED (Lincoln)	LN4 2NQ	Standard	Customer service	Customer service specialist	SKILLNET LIMITED
Parts advisor Apprentice (Lincoln/Newark)	Intermediate Level Apprenticeship	VAC1000281409	<a href="https://www.findapprenticeship.service.gov.uk/apprenticeship/1000281409">https://www.findapprenticeship.service.gov.uk/apprenticeship/1000281409</a>	FORD & SLATER LIMITED (Lincoln)	LN4 2NQ	Standard	Customer service	Customer service practitioner	SKILLNET LIMITED
RAF Air Operations Control Officer - Full Time Career with Apprenticeship	Higher Level Apprenticeship	VAC1000270009	<a href="https://www.findapprenticeship.service.gov.uk/apprenticeship/1000270009">https://www.findapprenticeship.service.gov.uk/apprenticeship/1000270009</a>	Royal Air Force (Lincoln)	LN4 4SY	Standard	Aviation	Air traffic controller	ROYAL AIR FORCE
RAF Chef - Full Time Career with Apprenticeship	Intermediate Level Apprenticeship	VAC1000272996	<a href="https://www.findapprenticeship.service.gov.uk/apprenticeship/1000272996">https://www.findapprenticeship.service.gov.uk/apprenticeship/1000272996</a>	Royal Air Force (Lincoln)	LN4 4SY	Standard	Food and Drink	Production chef	ROYAL AIR FORCE
RAF Driver - Full Time Career with Apprenticeship	Intermediate Level Apprenticeship	VAC1000272941	<a href="https://www.findapprenticeship.service.gov.uk/apprenticeship/1000272941">https://www.findapprenticeship.service.gov.uk/apprenticeship/1000272941</a>	Royal Air Force (Lincoln)	LN4 4SY	Standard	Logistics and Supply Chain	Large goods vehicle (LGV) driver C + E	BRITISH ARMY
RAF Firefighter - Full Time Career with Apprenticeship	Advanced Level Apprenticeship	VAC1000269964	<a href="https://www.findapprenticeship.service.gov.uk/apprenticeship/1000269964">https://www.findapprenticeship.service.gov.uk/apprenticeship/1000269964</a>	Royal Air Force (Lincoln)	LN4 4SY	Standard	Public Service	Operational firefighter	ROYAL AIR FORCE
RAF Intelligence Analyst- Full Time Career with Apprenticeship	Higher Level Apprenticeship	VAC1000274027	<a href="https://www.findapprenticeship.service.gov.uk/apprenticeship/1000274027">https://www.findapprenticeship.service.gov.uk/apprenticeship/1000274027</a>	Royal Air Force (Lincoln)	LN4 4SY	Standard	Public Service	Intelligence analyst	ROYAL AIR FORCE
RAF Mover - Full Time Career with Apprenticeship	Intermediate Level Apprenticeship	VAC1000273456	<a href="https://www.findapprenticeship.service.gov.uk/apprenticeship/1000273456">https://www.findapprenticeship.service.gov.uk/apprenticeship/1000273456</a>	Royal Air Force (Lincoln)	LN4 4SY	Standard	Aviation	Aviation ground operative	ROYAL AIR FORCE
RAF Regiment Gunner - Full Time Career with Apprenticeship	Intermediate Level Apprenticeship	VAC1000273762	<a href="https://www.findapprenticeship.service.gov.uk/apprenticeship/1000273762">https://www.findapprenticeship.service.gov.uk/apprenticeship/1000273762</a>	Royal Air Force (Lincoln)	LN4 4SY	Standard	HM Armed Forces	HM forces serviceperson (public services)	ROYAL AIR FORCE
RAF Sports/Physical and Training Instructor (PTI) - Full Time Career with Apprenticeship	Advanced Level Apprenticeship	VAC1000273999	<a href="https://www.findapprenticeship.service.gov.uk/apprenticeship/1000273999">https://www.findapprenticeship.service.gov.uk/apprenticeship/1000273999</a>	Royal Air Force (Lincoln)	LN4 4SY	Standard	Healthcare	Personal trainer	ROYAL AIR FORCE
RAF Supplier - Full Time Career with Apprenticeship	Intermediate Level Apprenticeship	VAC1000272888	<a href="https://www.findapprenticeship.service.gov.uk/apprenticeship/1000272888">https://www.findapprenticeship.service.gov.uk/apprenticeship/1000272888</a>	Royal Air Force (Lincoln)	LN4 4SY	Standard	Logistics and Supply Chain	Supply chain warehouse operative	ROYAL AIR FORCE
RAF Weapon Technician - Full Time Career with Apprenticeship	Advanced Level Apprenticeship	VAC1000270111	<a href="https://www.findapprenticeship.service.gov.uk/apprenticeship/1000270111">https://www.findapprenticeship.service.gov.uk/apprenticeship/1000270111</a>	Royal Air Force (Lincoln)	LN4 4SY	Standard	Engineering	Engineering technician	ROYAL AIR FORCE
Apprentice Receptionist and Administrator	Intermediate Level Apprenticeship	VAC1000285714	<a href="https://www.findapprenticeship.service.gov.uk/apprenticeship/1000285714">https://www.findapprenticeship.service.gov.uk/apprenticeship/1000285714</a>	CLIFF VILLAGES MEDICAL PRACTICE (Lincoln)	LN5 0JJ	Standard	Customer service	Customer service practitioner	LINCOLN COLLEGE
Operations Administration Apprentice	Advanced Level Apprenticeship	VAC1000289530	<a href="https://www.findapprenticeship.service.gov.uk/apprenticeship/1000289530">https://www.findapprenticeship.service.gov.uk/apprenticeship/1000289530</a>	FREEDOM FIRE AND SECURITY MAINTENANCE LTD (LINCOLN)	LN5 8HJ	Standard	Business	Business administrator	LINCOLN COLLEGE

Apprentice Information Communications Technician	Advanced Level Apprenticeship	VAC1000288212	<a href="https://www.findapprenticeship.service.gov.uk/apprenticeship/1000288212">https://www.findapprenticeship.service.gov.uk/apprenticeship/1000288212</a>	IZAN BUSINESS SOLUTIONS LIMITED (LINCOLN)	LN5 9JP	Standard	Digital Industries	Information communications technician	LINCOLN COLLEGE
Apprentice Chef	Intermediate Level Apprenticeship	VAC1000288169	<a href="https://www.findapprenticeship.service.gov.uk/apprenticeship/1000288169">https://www.findapprenticeship.service.gov.uk/apprenticeship/1000288169</a>	THE THOROLD ARMS (Lincoln)	LN5 9SN	Standard	Food and Drink	Production chef	LINCOLN COLLEGE
Apprentice Property Maintenance Operative	Intermediate Level Apprenticeship	VAC1000280957	<a href="https://www.findapprenticeship.service.gov.uk/apprenticeship/1000280957">https://www.findapprenticeship.service.gov.uk/apprenticeship/1000280957</a>	The Pilgrim School (Lincoln)	LN6 0DE	Standard	Property services	Property maintenance operative	THE PRIORY FEDERATION OF ACADEMIES
Apprentice Service & Maintenance Technician - Listers Toyota - Lincoln	Advanced Level Apprenticeship	VAC1000289531	<a href="https://www.findapprenticeship.service.gov.uk/apprenticeship/1000289531">https://www.findapprenticeship.service.gov.uk/apprenticeship/1000289531</a>	LISTERS GROUP LIMITED (Lincolnshire)	LN6 3SR	Standard	Automotive retail	Motor vehicle service and maintenance technician (light vehicle)	PROVQ LIMITED
IT Apprentice	Advanced Level Apprenticeship	VAC1000285872	<a href="https://www.findapprenticeship.service.gov.uk/apprenticeship/1000285872">https://www.findapprenticeship.service.gov.uk/apprenticeship/1000285872</a>	CAISTOR YARBOROUGH ACADEMY LTD (MARKET RASEN)	LN7 6QZ	Standard	Digital Industries	Digital support technician	HULL BUSINESS TRAINING CENTRE LIMITED



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6 December 2024

Dear Parent/Carer

As part of our respect value, we are hoping to create gift parcels in support of Let Them Eat Cake; a charity that works with the homeless community in Lincoln. This is a non-profit charity run by volunteers that provides help such as clothing, sleeping bags and showers. They also signpost people to any help and support they may be entitled to.

Our students will be working in R2L next week to create Christmas cards and we would welcome your help in bringing together any donations you can support with.

Please see the list below for items that the charity has requested:-

- 🌲 Christmas crackers
- 🌲 Mince pies
- 🌲 Selection boxes
- 🌲 Socks
- 🌲 Deodorant
- 🌲 Gloves
- 🌲 Hand warmers
- 🌲 Baby wipes
- 🌲 Cereal bars
- 🌲 Polo mints
- 🌲 Sweets
- 🌲 Small torches
- 🌲 Pringles
- 🌲 Pot noodles

Please can any donated items be taken to the Sixth Form/Careers Hub in the three-storey block. Items will be collected here, and the parcels will be created by RP6th students in the final week of term. The deadline for donations is Monday 16 December 2024.

We thank you in advance for your kind generosity. Should you require any further information, please do not hesitate to contact us.

Yours sincerely

**Miss Daisy Newton**  
**Student Senior Leadership Team**  
**Respect Lead**



Dear Parent(s)/Carer(s)

### **Keeping your family healthy this winter**

Every winter we see rises in illnesses such as colds, flu, Covid-19 and other respiratory illnesses.

While it's not uncommon for viruses to spread at this time of year, there are simple steps you can take to reduce your chance of being ill.

- **Boost your immunity this winter.** It is not too late for you and your children to receive a vaccination against COVID-19 and flu this year. It is one of the best ways to protect you, your friends and family. To find out how to book, speak to your GP practice or local pharmacy, or visit the NHS [website](#).
- **Pharmacy first.** If you or your child start to feel unwell with a winter illness, your local pharmacy can be a good source of support and can advise you on what steps to take to relieve symptoms.
- **Wash your hands often.** Please remember it is important to encourage your child to regularly wash their hands with soap and water for at least 20 seconds to help prevent the spread of winter illnesses.
- **Try to stay at home.** If you or your child are feeling unwell it is important to avoid contact with other people until you are well enough to undertake your normal activities.

### **Managing symptoms and when to get help**

If you or your child develop flu-like symptoms, such as a fever, feeling tired or exhausted, a cough, a sore throat, or a headache, there are some things you can do to help get better more quickly:

- rest and sleep
- keep warm
- take paracetamol or ibuprofen to lower your temperature and treat aches and pains
- drink plenty of water to avoid dehydration

Most respiratory illnesses are mild and clear up within 2 to 3 weeks without the need for treatment. If in doubt, please refer to [NHS 111 online](#).

## **When to seek additional help**

If your child has any of the following symptoms, seek medical help the same day (either by calling your GP or NHS 111):

- Laboured or rapid breathing
- Dehydration (sunken eyes, drowsy or has not passed urine for more than 12 hours)
- A persistent high temperature of 38 degrees or above
- Seems very tired or irritable

If your child has any of the following symptoms seek URGENT help (either by calling 999 or going to A&E):

- Pauses in their breath or irregular breathing or grunting
- Severe difficulty breathing (so they can't eat)
- Tongue or lips are blue

## **Other useful information online:**

[Flu - NHS \(www.nhs.uk\)](http://www.nhs.uk)

[Bronchiolitis - NHS \(www.nhs.uk\)](http://www.nhs.uk)

[Coronavirus \(COVID-19\) - NHS \(www.nhs.uk\)](http://www.nhs.uk)

[Common cold - NHS \(www.nhs.uk\)](http://www.nhs.uk)

Yours sincerely,

Natalie Liddle

Head of Service – Health Protection, Lincolnshire County Council