



15 December 2023

Dear Parent/Carer

Full School Assembly, Let Them Eat Cake Collection, Lincolnshire Police – Malicious Communications, Aspens Menus for January 2024

Welcome to my end of week update letter. As we approach the end of the week, the festive season has begun to permeate Academy life; the House Christmas trees have been erected and we began on Monday with a very successful Year 7 trip to see Aladdin at the New Theatre Royal. The students were fantastic advocates for the Academy and behaved wonderfully. This was followed by two nights of wonderful performances from our talented Performing Arts students as we celebrated the annual John Alexander Memorial concert. Many thanks to Miss France and the wider Performing Arts team for their efforts over the past few weeks to bring this together.

More updates below:

Full School Assembly

This will take place next Wednesday morning for all year groups in the usual manner when awards and rewards will be given out. I must take this opportunity to publicly thank the University of Lincoln, for the 30 Lincoln City tickets we have received as a donation for some of our most deserving students to see them play against Northampton at home on Friday 29 December 2023.

Let Them Eat Cake Collection

On Wednesday, Mrs Hought and the House Captains were able to meet with a representative from the non-profit charity, Let Them Eat Cake, to discuss the charity and all the work that they do to help the homeless community in Lincoln. Overall, we were able to put together 30 individual parcels which included a range of food and hygiene items, along with selection boxes, torches, socks, gloves, and hats. We also collected 31 boxes of mince pies and 65 pot noodles that we were able to donate, along with a huge selection of cards that had been created by our students to go with the parcels. We are very proud of the hard work that went into creating these parcels and cannot thank everyone enough for the donations.

Lincolnshire Police - Malicious Communications

Malicious Communications have been an ongoing problem in Lincolnshire for the last few years and it is one of the top 5 crimes in which 14 - 16-year-olds have received a criminal conviction. Online behaviour is something we talk regularly to children and young people about within online safety sessions.

We want to also make sure parents are aware of these laws and the potential consequences online behaviour can have in the real world. Please find attached video aimed at parents Stay Safe Talks - Malicious Communications (youtube.com)/
(<https://www.youtube.com/watch?v=Akl9CgpP9t8We>)

Aspens Menus from January 2024

Recently, we appointed Aspens as our new caterers from January. Aspens are market leaders in the school food arena, and I have been very impressed with them so far. We have held student and staff taster events with a view to holding one for parents when we return from Christmas. Aspens will also be providing a sixth form service in their common room with coffee machine and hot and cold food too. From February half term, we will also be extending the cold service to the main hall, as well as bringing in new drinks offers for our whole student body. The attached menus and information should explain all.

I have been so impressed with our students this week. At the end of a long term, it can be easy to just focus on getting through and forgetting those who are struggling around us. To see thirty homeless packages fully made up, Year 7 supporting each other at the theatre, so many smiling faces performing on stage and just a nice atmosphere around the place, I feel the need to sign off with the words of American writer, Washington Irving, who said "Christmas is a season for kindling the fire for hospitality in the hall, the genial flame of charity in the heart."

Have a lovely weekend.

I will write again soon.

Yours faithfully



Mr D Hardy
Headmaster



"This is a calm, happy and caring school."



Breakfast	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Buttered Toast £0.40	Buttered Toast £0.40	Buttered Toast £0.40	Buttered Toast £0.40	Buttered Toast £0.40
Option 2	Pain au Choc £1.30	Croissant £1.50	Pain au Choc £1.30	Croissant £1.50	Pain au Choc £1.30
Option 3	Hash Brown £0.65	Hash Brown £0.65	Hash Brown £0.65	Hash Brown £0.65	Hash Brown £0.65
Option 4	Brunch Bean Pot £2.10	Sausage Breakfast Wrap £2.60	Single Sausage Bap £1.55	Breakfast Sausage Muffin £2.60	Sausage Breakfast Wrap £2.60
Other items	Fruits pots, Yoghurt Pots, Fresh Fruit £1.00. Free Porridge	Fruits pots, Yoghurt Pots, Fresh Fruit £1.00. Free Porridge	Fruits pots, Yoghurt Pots, Fresh Fruit £1.00. Free Porridge	Fruits pots, Yoghurt Pots, Fresh Fruit £1.00. Free Porridge	Fruits pots, Yoghurt Pots, Fresh Fruit £1.00. Free Porridge



MMB (1st Break)	Monday	Tuesday	Wednesday	Thursday	Friday
Value 1	Popcorn £0.30	Cheesy Garlic Slice £0.70	Double Cajun Potato Wedge £0.50	Cheesy Garlic Slice £0.70	Popcorn £0.30
Value 2	Waffle £1.00 French Bread Pizza £0.80	Hash Brown £0.65 Pizza Bagel £1.10	Syrup Pancake £0.85 Cheese & Tomato Twist £0.75	Hash Browns £0.65 Pizza Bagel £1.10	Waffle £1.00 French Bread Pizza £0.80
Snack	Chicken Nuggets (x3) £1.20	2x BBQ Chicken Wings £1.50	Single Sausage Bap £1.55	2x Tikka Chicken Wings £1.50	Single Sausage Bap £1.55
Hot Item	Battered Chicken Burger £2.20	Sausage Breakfast Wrap £2.60	Piri Chicken Thigh Burger £2.50	Breakfast Sausage Muffin £2.60	Sausage Breakfast Wrap £2.60
Authentic Italian 1	Margherita Pizza £1.20	Margherita Pizza £1.20	Margherita Pizza £1.20	Margherita Pizza £1.20	Margherita Pizza £1.20
Authentic Italian 2	Pasta & Sauce £1.95	Pasta & Sauce £1.95	Pasta & Sauce £1.95	Pasta & Sauce £1.95	Pasta & Sauce £1.95

Hot Deli (2nd Break)	Monday	Tuesday	Wednesday	Thursday	Friday
Concept 1	Theos Cajun Wrap £2.20	American Mustard and Crispy Onion Hot Dog £2.30	Theos Mediterranean Wrap £2.20	Tikka Naan £2.80	Battered Chicken Burger £2.20
Authentic Italian 1	Margherita Pizza £1.20 Ham & Mushroom Pizza £1.40	Margherita Pizza £1.20 Meatball Pizza £1.40	Margherita Pizza £1.20 Chicken Sizzler Pizza 1.40	Margherita Pizza £1.20 Pepperoni Pizza £1.40	Margherita Pizza £1.20
Authentic Italian 2	Pasta & Sauce £2.20	Pasta & Sauce £2.20	Pasta & Sauce £2.20	Pasta & Sauce £2.20	Pasta & Sauce £2.20
Hot item	Battered Chicken Burger £2.20	BBQ Chicken Wings £1.50	Piri Chicken Thigh Burger £2.50	Tikka Chicken Wings £1.50	Chicken Nugget (x3) £1.20
Hot Deli Sides	Dusted Wedges, Cheesy Garlic Slice etc				
Available Daily	Jacket Potatoes - various topping & Paninis				
Main	Daily Main Meal Options				



Home Bakes

Monday

Tuesday

Wednesday

Thursday

Friday

1

Funfetti
Cookie
£1.00

Milk Choc
Cookie
£1.00

Choc Sprinkle
Cookie
£1.00

White Choc
Cookie
£1.00

Black & White
Shortbread
Cookie
£1.00

2

Flapjack
£1.00

Shortbread
£1.00

Vegan Jammy
Crumble Bar
£1.00

Chocolate
Shortbread
£1.00

Flapjack
£1.00

3

Chocolate
Brownie
£1.00

Marble Cake
£1.00

Vegan Sprinkle
Sponge
£1.00

Lemon Drizzle
Traycake
£1.00

Vegan
Chocolate
Brownie
£1.00



STREATERIES

Aspens




CARIBBEAN
fusion



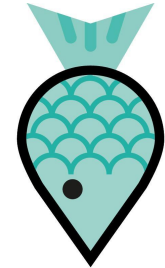
Plant
 POWER



Home
 STYLE



PA
 ASIAN



*Chips &
 more*

STREET

**Curried Coconut
 Chilli Chicken**
 Wholegrain
 Rice n Peas

**Homemade
 Spicy Falafel
 Flatbread**

**Glazed
 Gammon Roast**
 Yorkshire Pudding,
 Roast Potato & Gravy

**Low Salt & Chilli
 Chicken**
 Firecracker Rice

Choose from:
 Battered Fish
 Sausage
 Margherita Pizza
 Chicken Nuggets
 Chips & Gravy
 or Curry Sauce

VEGGIE

**Jamaican Black Eyed
 Peas Stew**
 Wholegrain
 Rice n Peas

**Plant Based Creamy
 Green Pea & Spinach
 Pasta**

**Root Vegetable
 & Bean Stew**
 Roast Spuds

Japanese Yakisoba
 (Japanese Stir Fried
 Noodles)

Choose from:
 Margherita Pizza
 Veggie Sausage
 Chips, Gravy or Curry
 Sauce

SIDES

Lime Dressed
 Slaw

Mixed
 Salad

Roast Carrots
 & Parsnip

Sweet Chilli Sticky
 Greens

Minty Peas or
 Baked Beans

WEEK 1

4/9, 25/9, 16/10, 6/11, 27/11, 18/12, 8/1, 29/01

STREATERIES

Aspens

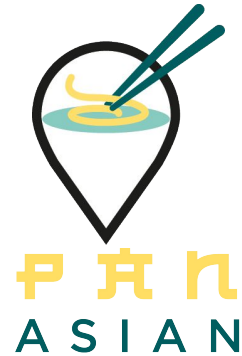



WEEK 2

WEEK 2	STREET	Spicy Chicken Dhansak	Tex Mex Burrito Bar Chipotle Chicken or Spicy Beef	Sticky Red Onion Sausages Roast Spuds & Gravy	Meatballs in Baharat Tomato Sauce	Choose from: Battered Fish Sausage Margherita Pizza Chicken Nuggets Chips & Gravy or Curry Sauce
	VEGGIE	Indian Street Food Vada Pav Bhaji	Crispy Topped Mac n Cheese BBQ Drizzle & Crispy Onion	Veggie Bangers Cheesy Chive Mash	Cumin Chickpea & Vegetable Bake in Baharat Tomato Sauce	Choose from: Margherita Pizza Veggie Sausage Chips, Gravy or Curry Sauce
	SIDES	Wholegrain Rice & Kachumber Salad	Chunky Tomato Salsa Mexican Slaw	Carrots & Peas	Moorish Cous Cous & Green Salad	Minty Peas or Baked Beans

11/9, 2/10, 23/10, 13/11, 4/12, 25/12, 15/1, 5/2

STREATERIES



WEEK 3

WEEK 3	STREET	NY Deli Open Chicken Bagel American Mustard Slaw	Laab Moo (Spicy Thai Pork) Lime Wholegrain Rice	Creamy Chicken & Leek Pie Roasties & Gravy	Chicken Ruby Murray Yellow Rice	Choose from: Battered Fish Sausage Margherita Pizza Chicken Nuggets Chips & Gravy or Curry Sauce
	VEGGIE	Tex Mex Chipotle Sweet Potato & Lime Taco	Veggie Thai Style Noodles	Lentil & Onion Pie Roasties & Gravy	Chana Masala Yellow Rice	Choose from: Margherita Pizza Veggie Sausage Chips, Gravy or Curry Sauce
	SIDES	Hand Cut Wedges & Mustard Slaw	Wok Fried Oriental Veggies	Seasonal Mixed Vegetables	Kachumber Salad	Minty Peas or Baked Beans



Sir Robert Pattinson Tariff - Jan 2024

Item	Price	Item	Price
Lunch		Break & Hot Deli	
Meal Deal	£2.75	Popcorn	£0.30
Main Meal	£2.50	Buttered Toast	£0.40
Pasta Pot - Plain	£1.20	Pain au Chocolat	£1.30
Pasta Pot - Sauce	£1.95	Croissant	£1.50
Pasta Pot - Cheese	£2.20	Cheesy Garlic Slice	£0.70
Pasta Pot - Sauce & Cheese	£2.40	Double Cajun Potato Wedge	£0.50
Salad Pot	£2.00	Waffle	£1.00
Jacket Potato & Salad	£1.40	Hash Brown	£0.65
Jacket 1 Filling & Salad	£2.00	French Bread Pizza	£0.80
Jacket 2 Fillings & Salad	£2.40	Pizza Bagel	£1.10
Extra Jacket Filling	£0.65	Syrup Pancake	£0.85
Pizza Slice - Cheese	£1.20	Cheese & Tomato Twist	£0.75
Pizza Slice - Premium	£1.40	Chicken Nuggets (x3)	£1.20
Chips	£1.60	2x Chicken Wings	£1.50
Sauce Portion	£0.15	Single Sausage Bap	£1.55
Hot Chicken Burrito	£2.20	Battered Chicken Burger	£2.20
Cold Deli		Sausage Breakfast Wrap	£2.60
Sandwich - Basic Just Range	£2.00	Piri Piri Chicken Thigh Burger	£2.50
Sandwich - Premium Deli Range	£2.50	Breakfast Sausage Muffin	£2.60
Wrap	£2.60	Brunch Bean Pot	£2.10
Baquette	£2.60	Panini	£2.60
Cold Pasta Pots	£1.65	Hotdog, Mustard & Onions	£2.30
Sweet		Drinks	
Homebake	£1.00	Still Water Bottle 500ml	£0.85
Hot Pudding	£1.00	Flavoured Water 330ml	£1.00
Jelly Pot 5.5oz	£0.85	Roma Still 500ml	£1.00
Yoghurt Pot 5.5oz	£1.00	Milkshake	£1.00
Fruit Pot 5.5oz	£1.00		
Whole Fruit	£0.65	Blue Mountain Ice	£1.00
Premium Sweet	£1.30	Hydration Station	£1.00

£2.75 MEAL DEALS **Aspens**

MEAL DEAL 1

Sandwich or Pasta Pot + Homebake or piece of fruit + Source Drinks

3 ITEMS £2.75

SOURCE

SIMPLE

MEAL DEAL 2

Sandwich or Pasta Pot + Homebake or piece of fruit + Source Drinks

3 ITEMS £2.75

SOURCE

SIMPLE

MEAL DEAL 3

Daily Special Hot Meal of the Day + Homebake or piece of fruit OR Source Drinks

2 ITEMS £2.75

SOURCE

PREMIUM

MEAL DEAL 4

Hot Deli Dish of the Day + Homebake or piece of fruit OR Source Drinks

2 ITEMS £2.75

SOURCE

PREMIUM





We are **always** in the mood for good food!

We are Aspens Services, a market leading contract catering company specialising in school food.

We only work in the education sector so we know what our customers want. Mixing this knowledge with an understanding of what's hot in the food world sparks creativity and excitement in our chefs. Our kitchens provide delicious home cooked food each day and cater for individual dietary requirements.

Streateries is our secondary meal offer where everyday has a theme. Featuring Global cuisines, customised offers and food on the move, we are bang up to date with the current trends whilst still ensuring that there is a place on the menu for the comfort of our familiar school dining hall favourites. Each day the menu includes as standard a street food dish, a hand held version, vegetarian/vegan choices along with a selection of sides.

Our Deli Kitchen brand is for the popular standard Aspens hot and cold offers. This can range from Authentic Italian pizza and pasta, Hacienda Mexicana's burritos, rice pots and sides and Voulez Poulet's house rub chicken, dogs and sides through to our range of healthy sandwiches, paninis, wraps, jacket potatoes, salads, fruit and cold dessert pots.



Menu

The school menu rotates on a three-week basis and refreshes for Autumn/Winter and Spring/Summer seasons.

Free school meals

**Check to see if you
qualify for **FREE**
school meals!**



You may be entitled to **FREE SCHOOL MEALS**

Please click the link to find out more or request the relevant form from the school office:
<https://www.gov.uk/apply-free-school-meals>

Special Diets

Special diets are an integral part of our catering provision, whether as a result of an ethical or religious belief or a food intolerance or allergy. To register any special diets as a requirement please complete and return the special diets form to the school as soon as possible.

Our Planet

We work closely with our clients and suppliers to be as environmentally friendly as we can. By making lots of small changes, we can make a big difference. We care about the future and continue to focus on responsible sourcing, using seasonal produce, increasing our focus on plant-based recipes, making our menus more sustainable, keeping waste to a minimum and reusing and recycling to reduce the impact we have.



Join Our Team

It takes some pretty special people to make sure that we give our school children and young adults great food everyday. We are keen to add to our teams with talented people and so if you are looking for an opportunity to challenge yourself and learn new skills, let us know.