

**Kooth Discussion Board:** All Critters Great and Small

**DATE:** June 1st                      **TIME:** N/A

**INFO:** Remember our nature Spotify playlist from the other week? Well, we're getting our nature vibes back on as part of Garden Wildlife Week, and will be sharing our favourite ways to experience wildlife.

**Kooth Discussion Forum:** Getting by With a Little Help From Our Friends!

**DATE:** June 8th                      **TIME:** N/A

**INFO:** It's Best Friends Day! So why not come celebrate your friends, share your best friendship tips, and maybe even make some Kooth friends!

**Kooth Live Forum:** Let's Talk About: Self Compassion

**DATE:** June 14th                      **TIME:** 7.30pm - 9pm

**INFO:** What exactly is self compassion? Join this live forum where we will explore exactly what it is, and how you might practice it.

**Kooth Live Forum:** Social Takeover: Favourite Sports & Activities

**DATE:** June 23rd                      **TIME:** 7.30pm - 9pm

**INFO:** Join us for our social takeover live forum, where you'll be in charge of what we talk about. Maybe you've discovered a new activity or sport during the past year? Why not come and let us know?

**Kooth Live Forum:** Pride Month 2021: Being You

**DATE:** June 4th                      **TIME:** 7.30pm - 9pm

**INFO:** Join us for our first live forum in June, which is all about Pride! While a lot has changed since the first Pride Parade, it can still sometimes feel difficult being proud of yourself, so here we'll be celebrating being ourselves!

**Kooth Live Forum:** Safety at Home

**DATE:** June 9th                      **TIME:** 7.30pm - 9pm

**INFO:** As part of our Crime Time series, join this live forum to help us consider ways we can stay safe at home, and where you can access support if needed as well.

**Kooth Discussion Board:** Let's Celebrate Pride!

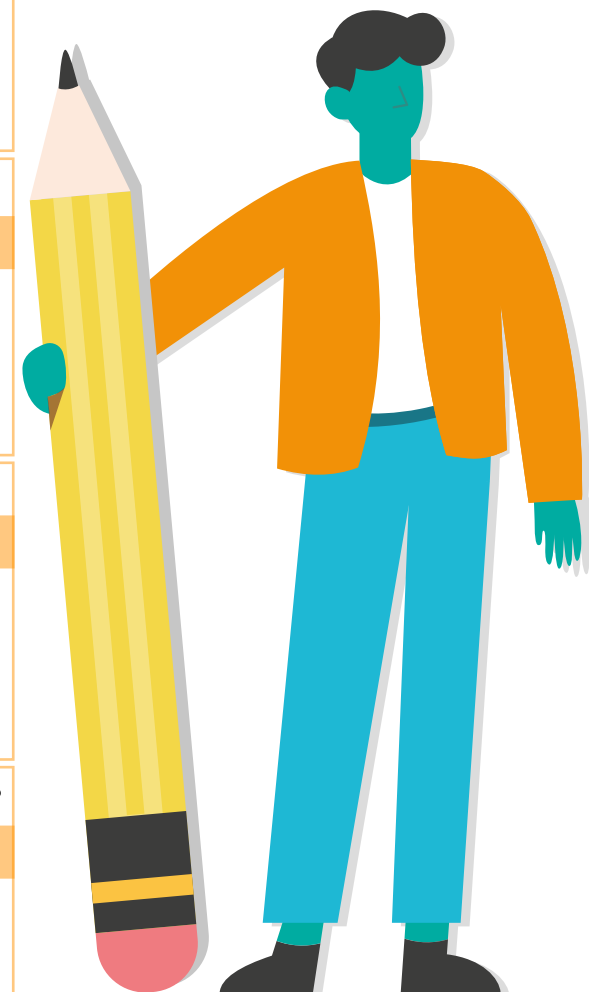
**DATE:** June 16th                      **TIME:** N/A

**INFO:** It's Pride Month, and it's an amazing time to celebrate! Whether that's celebrating yourself, or your family and friends. Stop by and join in the celebration!

**Kooth Discussion Board:** What Are Your Favourite Confidence Boosting Tips?

**DATE:** June 30th                      **TIME:** N/A

**INFO:** This week on Kooth we're talking all about confidence! So why not stop by and share some of your tips for boosting confidence?



# What's on Kooth in June?

